

“Holiness means giving ourselves in sacrifice every day, and so married life is a tremendous path to sanctity!”

Pope Francis, 2014

Each course runs two Saturdays (from 9 a.m. – 3:30 p.m.) and one Sunday (8:45 a.m. - 2:30 p.m.). Lunch is provided each day.

The location for each course is in the Hall at Holy Trinity Catholic Church, 200 Boundary Road, Spruce Grove, Alberta.

### **Fall Course, 2020**

Saturday, October 16  
Saturday, October 23  
Sunday, October 24

### **Winter Course, 2021**

Saturday, January 15  
Saturday, January 22  
Sunday, January 23

### **Spring Course, 2021**

Saturday, May 7  
Saturday, May 14  
Sunday, May 15

***Space is limited, so register early!***

Additional information:  
Call the Parish Office at 780-960-0135  
Fax 780-962-2197

## **MARRIAGE preparation**



**Holy Trinity Parish  
2020/2021**

## Introduction

“You are about to enter into a union which is most sacred and most serious. It is most sacred, because established by God himself; most serious, because it will bind you together for life in a relationship so close and so intimate that it will profoundly influence your whole future.” (1964 Roman Rite of Catholic Marriage)

Marriage preparation is worth the time and effort involved. A study conducted by Creighton University in 1995 randomly surveyed 700 couples married from one to eight years who had participated in marriage preparation. The results indicate that marriage preparation is most valuable when:

- it is conducted by a team of couples and parish staff
- it deals with real life issues such as conflict, communication, commitment, and values
- it uses a pre-marital inventory such as Prepare/Enrich

Holy Trinity Parish Marriage preparation program includes all of these features. We use an excellent program called “Transformed in Love: Building your Catholic Marriage.” We look forward to helping you get ready for this most sacred and beautiful and important relationship!

## Pre-Marital Inventory

Prepare/Enrich is an "instrument for marriage preparation" which is required in

our diocese. It is a questionnaire that each couple completes individually. The results create a profile of the couple's present relationship, highlighting areas of strength and also areas which would benefit from discussion and attention.

Prepare/Enrich is not a test. There is no pass or fail grade. It is simply a "snapshot" of your relationship at the moment you complete the questionnaire. The inventory provides you with an overview of the issues that you as a couple would do well to discuss in order to further deepen your relationship.

A member of the marriage preparation team, trained in facilitating Prepare/Enrich will meet at a mutually convenient time with each couple to discuss the report.

## Attendance Policy

Couples are expected to attend **all** sessions and complete the Prepare/ Enrich premarital inventory. If a couple is absent for one session, they will be asked to meet with the parish team in order to discuss the material missed. If they are absent for two sessions, they will be directed to complete their preparation in another program. It is essential that a couple's work schedule allow for full participation and attendance at marriage preparation.

## REGISTRATION

Please complete this form, detach, and return to:

**Holy Trinity Catholic Church**  
**Box 3220**  
**Spruce Grove, AB**  
**T7X 3A5**

**\$200 per couple** (includes lunches and course materials). Cheques payable to:  
**Holy Trinity Catholic Church.**

For additional information call:  
**Carol at (780) 960-0135**

Name (female) \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ P/C \_\_\_\_\_  
e-mail \_\_\_\_\_  
Phone \_\_\_\_\_  
Dietary Concerns \_\_\_\_\_

Name (male) \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ P/C \_\_\_\_\_  
e-mail \_\_\_\_\_  
Phone \_\_\_\_\_  
Dietary Concerns \_\_\_\_\_

Religion (female) \_\_\_\_\_ (male) \_\_\_\_\_  
Home Parish (where you did paperwork)  
Church \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_  
Wedding Church (if not at home parish)  
Church \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_  
Wedding Day/Mo/Yr \_\_\_\_\_

**Course Start Date** \_\_\_\_\_