

# SESSION 2

## Baptism and Communion





# OPENING PRAYER

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Come, Holy Spirit, fill the hearts of your faithful  
and kindle in them the fire of your love.

Send forth your Spirit and they shall be created.

And you shall renew the face of the earth. Amen.



To stay organized during our time together, keep your list here so you know what you need and when you need it.

*Organizer Chart*

<i>What I need</i>	<i>When I need it</i>

Our next session is on \_\_\_\_\_ at \_\_\_\_\_  
date time

## TELL ME A STORY



Have your parent or caregiver tell you a story about your Baptism, or about your First Communion or theirs. It may be something special or something funny that happened at the church or in preparation for the sacrament, or at the celebration afterwards.



# LEARNING ABOUT Baptism and Communion

## BAPTISM

Signs, Symbols, Actions



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_

## WHAT WE HEAR

I baptize you in the name

of \_\_\_\_\_,

and of \_\_\_\_\_,

and of \_\_\_\_\_.

**Amen.**



## EUCCHARIST or COMMUNION

Signs, Symbols, Actions



\_\_\_\_\_



\_\_\_\_\_ (e-pi-clay-sis)



\_\_\_\_\_



## WHAT WE HEAR

Do this in \_\_\_\_\_ of me.

# OUR RESPONSE TO GOD'S GRACE

## Faith Fact:

One of the first questions at your Baptism was for your parents. The priest asked them, "What do you ask of God's Church?"

They replied, "Baptism!"

What does it mean?

## BAPTISM:

What happens?

We become part of the Body of Christ.


AMEN.

What does it mean?

## Faith Fact:

There are seven sacraments in the Catholic Church. Baptism, Confirmation and Eucharist are the first three. We call them the Sacraments of Initiation.

What does it mean?



What does it mean?

**Faith Fact:**  
Eucharist is a Greek word. It means 'thanksgiving'. We often call the Eucharist "communion".

## **EUCCHARIST OR COMMUNION:**

What happens?  
We receive the Body of Christ.  
**AMEN.**

What does it mean?

What does it mean?



## FACE2FACE

Your parents and godparents made a series of promises at your Baptism. One of those promises is that they will help you “*train in the faith*” over your whole life. Training in faith is just like training in sports. It’s not about being perfect; it’s about learning and trying and practising so you can do better. Everyone who trains should have a coach. Your family, your school, everyone at your parish – we can help you with that training! What are 2 ways you think you can work on what Baptism calls “*training in the faith*” over the next 4 weeks?

**Baptism** makes you a member of the Church.  
**Confirmation** helps you to be a witness to your faith.  
**Communion** feeds you and strengthens you.

## MY THOUGHTS

**Practise being a witness.** Say a friend who is not being confirmed asks you what you believe. Can you give a short answer?  
(**Think:** What do you believe about God? What do you believe about God’s Son and why he died and was raised to new life? What do you believe about being forgiven?)

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