



**CATHOLIC
and LIVING IT!**



**Parkland Holy Trinity CWL
April 17, 2023**

1. President, Mariette Huot welcomed members to our regular meeting held in St. Martin de Porres Room.
2. Marian Walshe, Spiritual Development leader, shared the opening prayer.
3. Secretary, Judy Cruise, proclaimed the *Traditional Land Acknowledgement*.
4. Correspondence included two thank you cards, information pamphlets and requests for funds. Mariette spoke about Gladys Monty and the Catholic Church in Wildwood, AB. She noted that this is a struggling Council trying to keep their church running. Our Council supports them with a \$250.00/year donation.
5. Treasurer, Trish Crawford, reported \$9 855.32 in the chequing account and \$11 243.01 in savings. She noted that funeral lunch income to date is \$540.00 and that we realized a \$335.00 profit from the recent retreat.
6. **Group Discussion and Sharing** - Mariette introduced the term "Charism", noting it can be used to describe individuals or groups and that it means different things to different people. One definition is that Charisms are extraordinary powers that we have that can be used in charity or service to build up the Church. This can happen through encouragement, giving, hospitality, music, service, writing and more.

Mariette asked for words to describe what we want our CWL to be known for and how Charism can be shown by CWL members. Following group discussion, ideas put forward included service and assistance to others, hospitality, the opportunity to learn at each of our meetings, greeting, music, pastoral care, supporting a cause by writing letters to the government and funeral lunches.

It was agreed that service is strongly present in our CWL. We work to find a way to fill a need in our community or we find someone who can. Mariette noted that an example of this was the quilts made for Jessie's House. Our CWL is well known for its funeral lunches. It was agreed that we need to work to educate the community that we are and do much more than that.

Mariette asked, "What do we want our CWL to be known for? What is doable?" Please bring your answers to our next meeting.

7. **Spiritual** - To invoke the intercession of our Lady of Good Counsel in the awareness of Palliative and Hospice care. Marian shared a reading from the Prophet Jeremiah. 1:5 and, together with members, built a display board on Palliative and Hospice care to include Care, Courage, Compassion, Communication and Commitment. This was followed by a Prayer for the Protection of Human Life. Marian reminded members that, "You matter because you're you." Rita Kirsch read the "*Prayer for Protection of Human Life*". Marian requested that members take postcards to send to our Parliament requesting the promotion of Hospice and Palliative Care in Canada.

BREAK

8. **National Resolution - Food Loss and Food Waste - Part 2**

Presentation by Femia Streefkerk and Sr. Susan Scott to address Federal Legislation to Reduce Food Loss and Waste on a local level.

Sr. Susan presented alarming statistics regarding food waste, noting that Alberta has the highest food insecurity rate among all Canadian provinces due to low incomes and high inflation linked with health problems, lack of accessibility and Indigenous food insecurity.

Femia Streefkerk informed members of the situation in Stony Plain major food stores.

Most major grocery stores in Stony Plain and Spruce Grove donate "reclamation" products to the local Food Bank. Unusable food is diverted from the Food Bank to the "Farm Hub" to be redistributed as required.

Femia challenged members to bring their ideas to our next meeting, sharing tips to reduce our food waste/loss at home. She asked, "How do you reduce food waste in your home?" and asked members to bring a recipe using left-over food to our next meeting.

9. **Lenten Project** - There was discussion regarding sponsoring children attending Our Lady of Victory Camp. Mariette asked Fr. Paul about making a speech from the pulpit the weekend before we collect and having an open basket prior to all four masses over the May 6th weekend. All proceeds will be donated to sponsor children to attend the Camp. Mariette will ask Fr. Paul to include this in his announcements and will write an announcement to be included in the bulletin.

10. **Announcements:**

- i) Annette Muench has volunteered to take leadership for the Sunshine Club.
- ii) There is a need for someone to take charge of Emma's Garden. If you are interested, please contact Mariette.

11. **Upcoming dates and events:**

- i) **Our Lady of Good Counsel Celebration - Wednesday, April 26th** - Anyone who attends mass that night will be asked to join us for cake at the back of the church.
- ii) **Diocesan Convention** - April 28th - 30th in Red Deer. Sr. Susan and Marlene Schmidek will attend, as accredited delegates.
- iii) **Week of Prayer for National Hospice Palliative Care for 2023** - May 7 - 13
- iv) **Wednesday, May 10th - 9 a.m. to 9 p.m. - 12 Hours of Prayer**
We require three volunteers per hour for the Church. There will be a sign-up sheet.
You can also do this in your home.
- v) **March for Life - May 11** - This will be handled by the Parish. The bus will leave for the Legislative grounds following the mass. There will be a gathering at the Legislature at 12:15.
Spread the word and invite others to join you.

12. **Next Regular Meeting** - May 15, 2023

Next Executive Meeting - May 29, 2023