

Confirmation



Session 6 - Preparing for Confirmation

Looking Forward to the Celebration of Confirmation

Confirmation Mass is on May 28, 2023 @ 2:00pm

with Fr. Paul Moret presiding

You need to be at the church 30 min ahead of time.

- All **Sponsor sheets must** be at the church before Confirmation, or your child will need to wait until the following year to receive.
- Please review the "At Home Exam". Answers to the at home exam will be sent in a separate email on May 19th .
- Remember to complete your letters and give them to the appropriate person.
- Pick up your name tag when you enter the church.

Opening Prayer: (please say together)

Please center yourself for prayer in a quiet and peaceful space.

**In the name of the Father, and of the Son,
and of the Holy Spirit. Amen**

**Grace and peace to you from God our Father
and from the Lord Jesus Christ.**

All: And with your spirit

**We gather together as a family to remember how Jesus gathered us around
one table and invited the Holy Spirit to be with us.**

**One with all of our sisters and brothers throughout the world, let us now
listen to God's Word and join in prayer.**

Amen.

Together, we acknowledge how grateful we are for the mercy of God.



Let your gentleness be evident to all.
The Lord is near.
Philippians 4:5

**As we prepare to hear about God's love
for us, let us remember that God sent His
Son not to judge us, but to save us,
for God is full of gentleness and
compassion.**

Lord Jesus, you take away our fears in times of trouble:

Lord, have mercy. Lord, have mercy.

Lord Jesus, you heal the wounds after we have hurt each other:

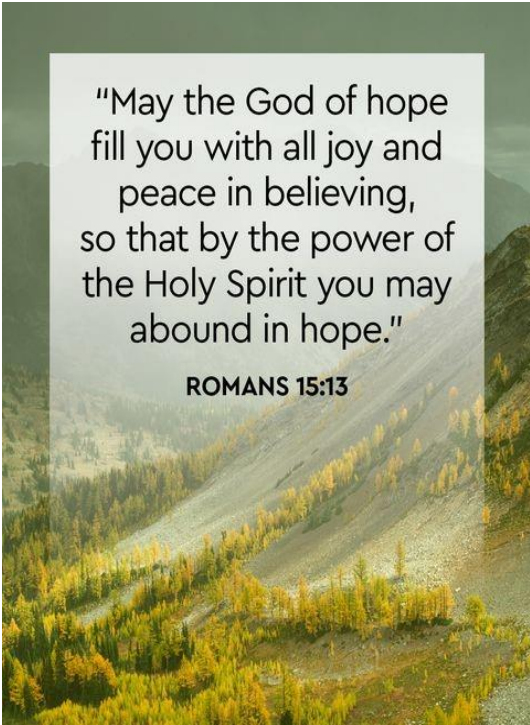
Christ, have mercy. Christ, have mercy.

Lord Jesus, you remind us that every person is a child of God:

Lord, have mercy. Lord, have mercy.

This reading is about the power of the Holy Spirit.

If you get a chance, have a look at a few readings that talk about the Holy Spirit.



"May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope."

ROMANS 15:13

(Romans 15: 7- 13)

A reading from the Book of Romans,

Accept one another, then, just as Christ has welcomed you, for the glory of God. For I tell you that Christ has become a servant on behalf of the truth of God in order that He might confirm the promises given, and in order that we might glorify God for His mercy.

And in another place, it says: Nations, rejoice, with His people, and in another place again: Praise the Lord, all nations, extol Him, all peoples.

The root of Jesse will appear, he who rises up to rule the nations, and in him the nations will put their hope.

May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.

The Word of the Lord, Thanks be to God.



Tell me a Story

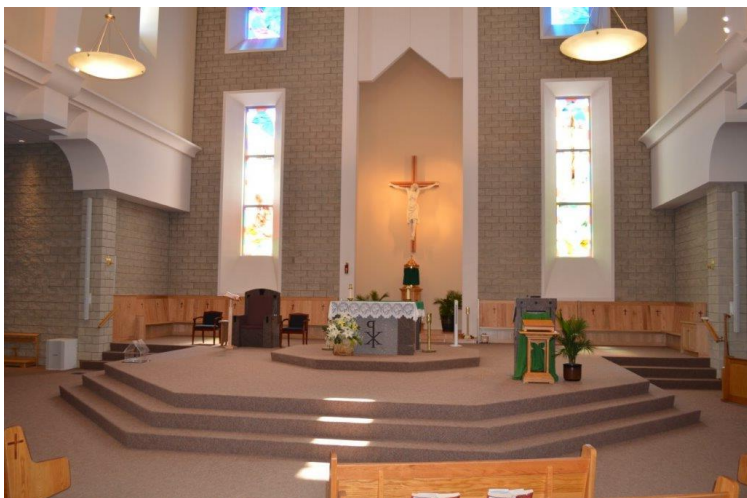
Please share with each other:

What are you looking forward to the most about Confirmation?

In this preparation session, we'll look at:

- 1) How Mass will unfold – what to say when
- 2) What the actual Confirmation portion will look like
- 3) Practical matters, when to arrive, where to sit, what Sponsors should know
- 4) Question/Answer Sheet to look through
- 5) Go over At Home Exam together (on a separate email)
- 6) Reconciliation – will take place at the retreat
- 7) How to Go to Communion

Building on What We Know:



Everyone appreciates a celebration that feels like a Celebration. We take time to have careful and clear readings so that we can appreciate them. The music ministry prepares music that will help you connect to the Celebration. There are ministries behind the scenes that are helping to make sure everything runs smoothly. Preparing in advance improves the experience on the day.

Therefore, it is so important to be present for the Rehearsal.

Please practice.

Some Responses to Practice:

Throughout Mass the presider will say:

The Lord be with you or Peace be with you. And you will respond: **And with your Spirit**

Whenever you hear this: "Through Christ our Lord ..." it's a clue that it's the end of a prayer.

The response is – **Amen**

The Presider will say: , *'May almighty God bless you, the Father, and the Son, and the Holy Spirit.'*
Making the sign of the cross with his hand.

The response is to make the sign of the cross on yourself as usual and respond - **Amen** .

By the way, what does Amen mean? **Yes, I believe!**

Remember that during the Homily, the Presider might be speaking to you directly.
Stay calm, respond clearly, Enjoy! The message is for you to hear.

Watch the video on Confirmation – Flame of Faith (from the Archdiocese of Brisbane)

<https://youtu.be/sFo-9H-IzIk>

The Rite of Confirmation: We have heard God's Word



After the Homily the Rite of Confirmation begins.

3 important and Ancient Rites now take place.

- 1) Renewal of Baptismal Promises (Profession of Faith)
- 2) Laying on of Hands
- 3) Anointing with Chrism

1) **Renewal of Baptismal Promises:** - Response is : **I do**



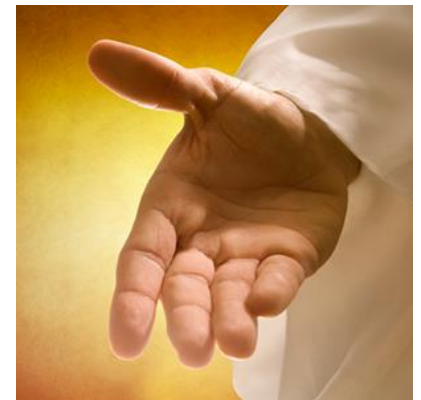
Do you believe in God, the Father almighty, creator of Heaven and earth? **I do**

Do you believe ... etc. **I do.**

2) **Laying on of Hands:**

Priest or the Archbishop give a blessing by laying their hands on a person's head or by extending their hands over the person or group of people.

This happens at Baptism, at Confirmation, the Anointing of the Sick, and at Ordination. This action is accompanied by a prayer to the Holy Spirit, which calls the Spirit upon each of you.



Remember **epiclesis** from Session 2?

During Mass, the Priest puts his hands over the bread and wine and calls upon the Holy Spirit to forever change the bread and the wine to the Body and Blood of Christ.

In Confirmation, the Archbishop or Priest will place his hands over you and call upon the Holy Spirit, and you will be changed. You receive the power and the gifts of the Holy Spirit to bear witness to Jesus Christ.



The Presider will hold his hands outstretched over each of you just before he anoints you with the Oil of Chrism.



3) **Anointing with Chrism**

A minister brings the Chrism to the Presider.

Each candidate, with their sponsor goes to the front of the church. The Presider will be standing near the bottom of the stairs to greet you individually.

The sponsor places their hand on the shoulder of the candidate. This is to Symbolize that your Sponsor has your

back and will be there for you just like the entire Catholic community is there for you.

The Sponsor will clearly say the **first name of their Confirmand** to Fr. Paul.

* No pictures are to be taken within the Mass – please let family know

Note that we will have a photographer to take each confirmand's picture

The Presider: (Name of candidate), be sealed with the Gift of the Holy Spirit.

*Student Response: **Amen.***

The Presider: Peace be with you.

*Student Response: **And with your spirit.***

After you are Confirmed, please return to your pew with your Sponsor.

Please take this time back in your pews to reflect on this Sacrament of Confirmation and the Gifts of the Holy Spirit that you have been given. This is not a time for talking to your neighbor.

After everyone has received the Sacrament of Confirmation, then Mass will continue as usual with the **Prayers of the Faithful.**

Please practice at home.



Sacraments: Signs, Symbols, Actions, and Responses

What you will do, say, feel smell hear and respond.

These are all parts of the Sacrament of Confirmation and what we just practiced. Take time to review them.

Remember that Sacraments are guaranteed to "work"!

It's not as though we all hope to receive God's grace. **We DO receive God's grace.**

Sacraments are NOT magic. We receive God's grace and then we need to choose to co-operate with that grace.

How we act and react to the Sacrament is what counts. This means our openness and preparation is important in ensuring an attitude that allows us to co-operate with God's grace.

Cooperating with God's grace means learning more and more about what God wants for us and how we go about doing and acting the way in which He wants.

Take Home Exam



At Home Exam Questions:

As a family, go over the answers to the At Home Exam.

The answers will be attached in a separate email which will be sent out prior to Confirmation. If you are uncertain or need more explanation, please contact the office for clarification.

holytrinity.sg@caedm.ca

<https://youtu.be/OrCUkEmCfi8>

Chris Stefanick on "What Happens at Confirmation" part of the Chosen series (6:27)

Practical Matters:

When to arrive: **30 minutes ahead of time** to get organized and seated.

Where to sit: Student and Sponsor will sit together in the reserved seating. Families will sit in the unmarked pews.



Sponsor's Responsibility:

- 1) Sit beside your Godchild at Mass
- 2) Make sure the Certificate is picked up.
Give to student – correct if necessary
- 3) When moving towards the front with your Godchild for the Oil of Chrism, please have your hand on their shoulder.
- 4) This is to symbolize that you will always be there for them no matter what. "You have got their back!"
- 5) Say your Godchild's First Name to the Presider so he can repeat it.
- 6) Return to your seats after your Godchild has received the Gift of the Holy Spirit through the Oil of Chrism.
- 7) Participate at Mass as often as possible & encourage your Godchild to do so also.
- 8) Support the family and journey with your Godchild as they grow in their faith and relationship with God.
- 9) Most importantly, be a role model of Christian living for your Godchild, through assurance of prayer, virtue, and sharing of your own journey of faith.

Question & Answers: Confirmation

Q. *Hope and Dreams Letter to the student from the Parent(s)?*

A. Due to the volume of students receiving Sacraments, we ask that you give your child their letter from you personally. You as a family can decide the best day.

Q. *What if a copy of my child's Baptism Certificate has not been handed in to the church before Confirmation?*

A. Confirmation will need to be delayed without a copy of the Baptism Certificate been given to the church. Please contact the office ASAP.

Q. *Can I take pictures during Mass when my child receives Confirmation?*

A. **Pictures during Mass is NOT permitted.** Please let all family and friends know.

We have a photographer who will take pictures as each youth is confirmed. There will be an opportunity for group pictures with the Presider immediately after Mass.

Q. *What if my child's Sponsor is unable to make it to Confirmation?*

A. **You are able to have a proxy in place of your sponsor.**

If their Sponsor is not able to attend on the day of Confirmation – then 1 proxy (someone who has received the Sacraments of Baptism, 1st Eucharist and Confirmation in the Catholic Church and is at least 16 years of age) can stand in their place. A proxy can be a parent. You **must** inform the office if you will be having a proxy.

Q. *What should my child wear on Confirmation day?*

A. **Please wear your "Sunday best".**

Please NO jeans or t-shirts with any logos on them.

If you would like to, wear something with white to recognize your Baptism.

You may do so, in either a blouse, skirt, dress, or dress shirt and dark pants.

Please remember the real focus for Confirmation is Jesus and the Holy Spirit!

If it is a custom in your family to wear a white dress or a formal suit you may do so.

Q. **Reconciliation?**

A. Students will have an opportunity to have Reconciliation/Confession at the Confirmation retreat.

Q. **Letter to Fr. Paul and your Sponsor?**

A. We encourage students to write a letter of Thanks to the Presider and the Sponsor.

Q. **When is the At Home Exam due?**

A. Please have the exam completed by May 19th, at which time the answers to the exam will be emailed out.

RECONCILIATION:



Every student will have an opportunity to receive Reconciliation at the May 14th retreat. Most of you will have already had your 1st Confession. Receiving the sacrament of reconciliation ensures your heart and mind are ready to receive the Gift of the Holy Spirit.

Before receiving reconciliation, center yourself for prayer and reflection. This is a time for silence and reflection on what you plan to say and how to go about doing so.

When you meet with one of the priests, he will guide you through this beautiful Sacrament, even if it has been a while since you last went to confession. Here are a few videos that might help you to be ready.

<https://www.youtube.com/watch?v=lb8pzvnnL20> How do I go to Confession? (Video Catechism) 4:28 min

<https://www.youtube.com/watch?v=VuQ1l3MeynM> 3 Tips in making a good Confession 4:34 min ****

<https://www.youtube.com/watch?v=WjmuqeSgNjg> I Confess (LifeTeen.com) 5:26 min ****

We would like you to take a bit of time, in complete silence, to think about what you want to say to the priest about things that you might have done wrong or want to change in your life.

God knows your heart and wants you to feel safe and no longer burdened with these thoughts deep in your heart.

When you are ready to meet with a priest for reconciliation:

Please go stand quietly in line at one of the confession rooms.

Afterward, find a quiet place to do your penance.



**You have all worked hard to journey to this point.
Congratulate yourselves and thank the people
who have been part of
your journey.**

THE DYNAMIC CATHOLIC PRAYER

Loving Father,

I INVITE YOU INTO MY LIFE

TODAY

& MAKE MYSELF **AVAILABLE** TO YOU.

HELP ME TO BECOME

the Best-Version-of-Myself

BY SEEKING YOUR WILL & BECOMING A LIVING EXAMPLE

OF YOUR **LOVE** IN THE **WORLD**.

Opens my Heart TO THE AREAS OF MY LIFE THAT **NEED** Change.

IN ORDER FOR ME TO CARRY OUT THE **MISSION**

& EXPERIENCE THE **JOY** YOU HAVE IMAGINED FOR MY LIFE.

INSPIRE ME TO LIVE THE Catholic faith IN WAYS THAT ARE

DYNAMIC & **ENGAGING**.

SHOW ME HOW TO **BEST** GET INVOLVED IN THE LIFE OF MY PARISH.

MAKE OUR COMMUNITY **HUNGRY** FOR BEST PRACTICES

AND *continuous* **LEARNING**

GIVE ME **COURAGE**

WHEN I AM

AFRAID,

hope

WHEN I AM

DISCOURAGED,

AND CLARITY IN TIMES OF **DECISION.**

Teach ME TO **ENJOY** UNCERTAINTY & LEAD YOUR CHURCH

TO BECOME *all you* **IMAGINED** IT WOULD BE

FOR THE **PEOPLE** OF OUR TIMES.

Amen.